



GUM DISEASE QUIZ

	Yes	No
Do your gums bleed when you brush?	<input type="checkbox"/>	<input type="checkbox"/>
Do your gums bleed when you floss?	<input type="checkbox"/>	<input type="checkbox"/>
Are your gums red, swollen, or tender?	<input type="checkbox"/>	<input type="checkbox"/>
Are your gums pulling away from your teeth?	<input type="checkbox"/>	<input type="checkbox"/>
Have your gums receded or do teeth appear longer?	<input type="checkbox"/>	<input type="checkbox"/>
Do you see pus around the gums when pressed?	<input type="checkbox"/>	<input type="checkbox"/>
Are your teeth drifting?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have any loose teeth?	<input type="checkbox"/>	<input type="checkbox"/>
Do your parents have all of their teeth?	<input type="checkbox"/>	<input type="checkbox"/>
Do you notice any change in your bite?	<input type="checkbox"/>	<input type="checkbox"/>
Has the fit of your partials changed?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have bad breath?	<input type="checkbox"/>	<input type="checkbox"/>

If you answered **YES** to any of the above, you may have **gum disease (periodontal disease)**.

If it doesn't hurt, then who cares, right? Wrong! Gum disease is silent and often victims are unaware. It is a chronic bacterial infection of the gums and bone supporting the teeth. If left untreated, the disease can progress, which may lead to tooth loss. On top of that, evidence suggests that **people with periodontal disease are at higher risk for developing heart disease, stroke, uncontrolled diabetes, preterm births, and respiratory disease.** Periodontal bacteria can enter the blood stream and travel to major organs and begin new infections. This means that having regular dental check-up and any needed treatment for gum disease is important not only for your mouth, but for your overall well-being.